

Please take a copy

LOWER GORNAL MEDICAL PRACTICE

NEWSLETTER – MARCH 2024

Open – Monday – Friday 8.00a.m.-6.30 p.m.

New phone number 01384 889410

Surgery website – www.lowergornalmedicalpractice.nhs.uk



Practice GP's

Dr Malik (male) does 6 sessions a week all day Monday & half days rest of week.

Dr Stewart (female) does 6 sessions a week Tuesday, Wednesday & Friday

Dr Stanley (female) 4 sessions per week Monday & Wednesday

Dr Bharmal (female) 4 sessions per week Thursday & Friday

Dr Tatiana (female) 4 sessions per week Thursday & Friday

Dr Hirani (female) 4 sessions Monday and Tuesday

There are various clinicians available throughout the week that can deal with minor ailments and long-term conditions.

Please note Dr Malik will be retiring in August after 28 years of service.

Home visit requests – Bed bound patients only. Requests for visits must be made before 11.00 a.m. on the day.

Test results – Patients should call after 11.00 a.m please allow 5 working days for results to show on our system.

NEW PHONE NUMBER

Our new phone system was installed on Tuesday 26th March and our new phone number is **01384 889410**. All GP practices nationally have had to upgrade to a cloud-based phone system this year, one that allows a call-back feature, a queuing feature and the ability to run reports. This will stop patients being cut off if more than 10 people in the queue.

COVID SPRING BOOSTERS

We have recently received notification of the spring 2024 booster campaign. Eligible patients are adults 75 years and over, care home patients and immunosuppressed patients aged 6 months and over. Patients will be sent an invitation nationally and we will also be contacting them once vaccinations available.

MEASLES

There has been an outbreak of measles in the West Midlands and almost half the children contracting it have had to be hospitalised. We have been proactively contacting patients due an MMR vaccination, sending texts to parents of all children who have not had the required 2 lots of the vaccine. We have also searched for those under 26 years that also need vaccinating and we have vaccinated anyone that has direct patient contact with a vulnerable person. We have also publicised the MMR pop up clinics held locally.

The Integrated Plus Service

This service supports people aged 16 and over who frequently visit their GP, who are at high risk of hospital admission and/or who are vulnerable and could benefit from social prescribing interventions. The service aims to look at the whole needs of a person, regardless of what those needs might be and jointly find solutions to problems faced.

They provide:-

Holistic non-medical support. Help people to become less reliant on medical services.

Encourage and support people to get connected into wellbeing services and activities, often delivered by the voluntary sector. The service aims to improve quality of life and a sense of purpose. Patients can ask their GP to refer them to the service.

For a medical emergency ring 999 or go to your nearest A&E. If you need an urgent GP appointment when the surgery is closed, please ring 111 or visit 111.nhs.uk. Your local pharmacy can provide confidential, expert advice and treatment for a variety of minor illnesses. Check with your local pharmacy for their opening hours.

This newsletter was compiled by the Patients Panel in conjunction with surgery management. A copy of this newsletter will be available on the surgery website and in reception.

PATIENT PANEL - We are hoping to recruit new members onto the panel from different age groups. It is a voluntary role that represents all patients at the surgery. We meet approximately every 3 months in the early evening, at the surgery. If you would like to join us, please call into the surgery for a form.